



Patron: John Cantwell AO, DSC Major General (Retd)

ABN: 40160198569

AFOM Annual General Report 2018

Our Goals remain the same

The Foundation is a not-for-profit organisation focussed on the health and well-being of the partners and families of past and contemporary Military personnel and the impact of Military service.

The principal Objects for which the Foundation is established are to:

- (a) encourage and promote research, education and the advancement of health and well-being of partners and families of Australian Military personnel;
- (b) encourage and develop the work of researchers and scientists in the fields of positive psychology, stress, appraisal and coping, resilience and emotional intelligence, together with any variable that affects the health and well-being of partners and families of Australian Military personnel, through the awarding of grants, scholarships, fellowships, prizes and awards from the funds of the Foundation;
- (c) support and encourage the research aspirations of University post graduate students and members by assisting them with access to partners of the Australian Military population;
- (d) promote the importance of high quality and innovative clinical and scientific research in the field of the health and well-being of partners and families of the Australian Military within Australia;
- (e) promote and raise awareness of research into the health and wellbeing of partners of Australian Military personnel with a view to improving outcomes in the areas of care and prevention of mental health and psychosocial problems;
- (f) utilise the information gained by the Foundation to promote, assist and guide relevant policy development within Government agencies, such as the Department of Defence and the Department of Veteran Affairs, and other relevant groups, such as Veterans and Veterans Families Counselling Service, Ex Service organisations and Community Health facilities; and
- (g) provide practical, emotional, physical and, where relevant, financial support to partners and families of Australian Military personnel.

Minutes of Annual General Meeting

Held Sunday 14th October 2018

Howe Street, Broke NSW

Meeting commenced 11:45 am

Present: Gail MacDonell, Vicki Dodds, John Bettley, Ann Bettley, Robert MacDonell
Proxies: Shaun and Kylie McGill, Emma and Luke Pickering, June and Richard Roe, Anthony Dodds, Sam Cross, Belinda Woods, David and Janice Wallent, Shelley and Bob Harbourd, Graham Walker.
Apologies: Ruth Rogers
Quorum number noted as well over 50%

Previous minutes read –

Moved that they be accepted: Gail MacDonell

Seconded: John Bettley

Executive Officers Report read: Moved to accept Gail MacDonell

Seconded: Vicki Dodds

All positions now declared vacant.

Robert MacDonell chaired the proceedings.

The following nominations for Executive Committee positions were received from the floor and were unanimously accepted by Members present and entitled to vote at the meeting.

Executive Director -

Accepted nomination: Gail MacDonell

Moved: Ann Bettley

Seconded: Vicki Dodds

Deputy Executive Director -

Accepted nomination: John Bettley

Moved: Gail MacDonell

Seconded: Vicki Dodds

Secretary -

Accepted Nomination: Ann Bettley

Moved: Vicki Dodds

Seconded: John Bettley

Treasurer-

Accepted Nomination: Emma Pickering

Moved: John Bettley

Seconded: Ann Bettley

Robert MacDonell stepped down as chair, Gail MacDonell takes over proceedings.

Fundraisers Report: There have been several fundraisers this year, including Bunnings BBQ, United Grand Lodge of NSW and the ACT Region 1 Dinner and Vivid fundraiser trip.

General Discussion on the events of the previous 12 months and where to from here. Invisible Wounds has invited AFOM to take over the title and the rights to the logo for future use.

No further business.

Meeting closed 12:40pm

Currently

We are supporting A PhD Student with a small annual prize money – her Thesis is on Moral Injury – which is of great interest to many of us dealing with those with Post-traumatic Stress Disorder. She has made connections with members and those still in the Military.

Our Adolescent Mental Health Workshop is being held in April and we have collaborated with other organisations in the area, to finally bring this to fruition.

John has been working with other groups, helping Veterans come together and is continuing to run Boot Hill Retreats for the men. Our Women's' retreat is combining with those of other group, in particular Operation PTSD Support for Partners and Carers. This will hopefully create more connections and lead to more support on the ground.

We have put in submission and been contacted by the Productivity Commission in regard to Support and help for Partner/Carers of Veterans and put in letters of Support for the Vietnam Veterans Federation submissions.

Letters via our website have kept us busy on occasions, but between us all we seem to have addressed those issues during the 2018 period.

On a personal note from Gail MacDonell:

I would like to thank all our Board Members and Volunteers for the past 12 months. Without you, things would just not happen. Special mention to Belinda Woods and her fundraising effort, particularly the packages to the troops and to Taylah MacDonell for keeping up emergency updates on our website.

Dr Gail MacDonell OAM RN PhD MAPS

Executive Director

AFOM



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